



A Self-Guided Study

Revised June 2020

This guide may be used for those who are new to a Hebraic understanding of Scripture, faith and lifestyle as well as for those who would like the honor of obtaining a Bar or Bat Mitzvah with us in our local community. Though such a ceremony is not explicitly commanded in Scripture, it is in a sense a rite of passage, marking the movement from childhood to adulthood, from innocence to moral and spiritual accountability. For those moving toward a Torah pursuant lifestyle in Messiah Yeshua as an adult, it is also a sort of rite of passage. Though there may be a wide knowledge of Scripture as previously taught, there is yet more to be learned as is revealed through the study of Hebrew and a Hebraic context. We find that there is definitely a time of adjustment as all previous beliefs are examined in light of additional information and background.

Traditionally, a Bar or Bat Mitzvah (*Son or Daughter of the Commandments*) occurs around the ages of 12 and 13, which coincides with the arrival of puberty and the awakening within the young person of the fuller meaning of life, responsibility and character. Similar to many cultures this can be seen in traditional Christianity as the time for the rite of Confirmation. Spiritual and moral choices are being made that will establish a direction for the rest of their lives. A wise and discerning parent will recognize this as a crucial time to help a young person set that course wisely.

Those who come to Messiah Yeshua as an adult may have many years within the faith, knowing Him as Jesus of Nazareth and may have gone through such a Confirmation earlier in life. They will see the same Person, the Son of the Living God of Abraham, Isaac and Jacob, but they will be seeing him now more clearly in the context which our YHWH chose. They may well be surprised and struggling with the idea of acceptance of all that is taught from Genesis/Beresheit through Revelation/Hitgalut as being applicable for today; particularly observance of the Feast Days, Shabbat and the dietary guidelines.

Taking the time to establish a firm foundation of understanding is wise. Whether it is during teen years or adult years, this time of transition is intensely important to the stability and fruitfulness of life in Messiah Yeshua and among His people. A Bar or Bat Mitzvah is an honor or status conferred on one who has met the requirements for understanding established by the elders of each Torah pursuant community. When someone of any age has achieved this status, they are viewed by the community as being fully established in covenantal relationship with YHWH Elohim and the community, and are to be viewed by the members with the honor and respect such a status entails.

There will never be one “right” course for all people to develop this foundation, but we have reviewed a great deal of material and have found these listed here to be of great value in that process. These guidelines are comprehensive and attempt to address the knowledge of Torah (both Written and Living Torah) as well as personal, emotional, relational, and spiritual needs for our members to move toward the maturity into Messiah our Head that our community strives to develop.

It just isn't possible to move through this transition quickly, whether adolescent or adult. Understanding comes as the *Ruach*/Spirit leads, line upon line and precept upon precept. We can say that we believe a good working knowledge of the basic stories, people, places and events is necessary first before moving into deeper levels of understanding, as a protective measure against immature interpretation or application. For those adults coming into a Hebraic understanding, you may also find it helpful to read Barb's book: ***New to Torah: A Practical Guide to Pursuing Messiah, the Living Word***, for support in dealing with all the changes this transition brings.

We suggest that all students maintain a notebook chronicling all they have done toward establishing their foundation of Scriptural understanding and/or earning their Bar/Bat Mitzvah, including written assignments. This guide may be printed out and used as a check off list for that purpose. We have seen many people study a great deal with various teachers from various sources yet without an established foundation of understanding, these teachings can be easily misconstrued.

If the honor of being a Son or Daughter of the Commandments is desired, this record may then be presented to the Leaders/Elders of the community and witnesses at a Bar/Bat Mitzvah ceremony. They may also choose to ask another member of the community, or a parent, to be confirmed by the leadership, to assist them in maintaining accountability along the way. We do not have formal Bar/Bat Mitzvah classes and do not foresee this in the near future so each candidate will need to be proactive and responsible to document what they have studied.

These guidelines may be modified as determined by the leadership of Set Apart Ministries. Some of them may have been met prior to participation with Set Apart Ministries at the discretion of our leaders yet the honor would not be conferred with less than one year's participation with our community. We affirm that knowledge alone is not sufficient but needs to be clearly shown as part of one's lifestyle, discipline, and relationships, walking it out in love. We are a Zadok ministry more so than an Eli ministry (see ***Sons of Zadok*** by C.R. Oliver)

May these guidelines prove fruitful in your life as you follow after Messiah, becoming more like Him, as a member of His Set Apart people!

Barbara L. Klika, MSW Undershepherd

Janell I. Schroeder, BBA, Elder

Set Apart Ministries Study Guide

_____ Read the entire Bible at least once through.

A Year at a Time Devotional Bible is one way to accomplish this.

(Printed in order of daily readings; old Testament, Psalm, Proverb, New Testament)

One Year Reading Cycle: <https://www.hoshanarabbah.org/>

Here is another online option to do so with your current Bible, and several bookmarks:

<https://oneyearbibleonline.com/reading-plan-downloads/>

This link offers a chronologically ordered way to read through the Bible:

<https://oneyearbibleonline.com/chronological-bible-custom-reading-plan/>

_____ Write your own salvation Testimony and statement of faith about your view of the Written Torah and Yeshua the Living Torah.

_____ Be born from above, make public confession of Yeshua as Lord and Savior and be fully immersed in water for the remission of sins.

_____ Know how to use Bible study aids: Lexicon, Concordance, Bible Dictionary, Key Word Study Bible/Dictionary.

_____ Be able to read basic Biblical Hebrew terms and names and pronounce them correctly. Know the Hebrew alefbeth, vowel points and be able to write the Hebrew letters with ease.

_____ Study the following areas with resources as suggested to develop a minimum of a working knowledge in each. This is a disciplined effort to obtain the knowledge pleasing to our Elohim.

Set Apart Ministries Bar/Bat Mitzvah Candidates

- _____ Complete the above list with documentation.
- _____ Study with our community through one year Torah cycle, using the commentary chosen for that year.
- _____ Have a basic understanding of the seven Biblical Festivals of YHWH and keep them for a full year with our community.
- _____ Have a basic understanding of Shabbat observance and keep it for at least one full year while with our community.
- _____ Have a basic understanding of the Levitical Dietary Laws and observe them for at least one full year while with our community.
- _____ Be able to speak or sing the Shema and the Blessings we use as a community.
- _____ Complete the Basic study of Maturity as presented in group and individual study through the Life Model program and other related materials. Ongoing participation is highly desirable. Demonstrate awareness of personal maturity factors and community interaction, ongoing personal maturation needs, willingness to receive exhortation, direction and affirmation from our community and leaders.
- _____ Demonstrate a personal commitment to spiritual disciplines, such as daily prayer, Scripture study, guarding His commands in daily life and a commitment to both personal and corporate observance of Torah community life.
- _____ Keep a record of materials read/review, along with a summary or book report on each area of study.

Students should not have a “what is the least I can do to meet the requirements” attitude.

Areas of Study Needed

The list of reading and other media materials under each subject heading is a suggested list. It is not necessary to read every one under each heading. What is required, however, is that the student has a good working basic knowledge and overview of the subject in each heading.

Abbreviations used for sources:

AH - Ancient Hebrew – www.ancient-hebrew.org, Jeff Benner

BH - Biblical Holidays – <http://heartofwisdom.com/biblicaltholidays/>, Robin Sampson
May 2020: merging her two sites to one – <http://biblejournalingdigitally.com/heartofwisdom-com/>
Biblical Holidays book available in paperback or as e-book download

Dry Bones - Dry Bones Restoration Ministry – <http://www.drybonesrestorationcompany.com/>
Frank and Mary/Miriam Houtz **(NOT AVAILABLE YET, since Frank's death)**

HEB R - Hebrew Roots, Dean and Susan Wheelock
Booklets, tapes, CDs available in our library and some are available online.

HR - Hoshana Rabbah – <http://www.hoshanarabbah.org/>, Na'tan Lawrence
Some also available printed out in our library.

SAM - Set Apart Ministries – www.set-apart-ministries.org or in our library.

RT - Restoration of Torah – www.restorationoftorah.org, Tony Robinson
Online or in SAM library.

TR - Torah Resource – www.torahresource.com, Tim Hegg

WB - Wild Branch – www.wildbranch.org, Brad Scott

119 - 119 Ministries – www.119ministries.com or www.testeverything.net

TF - Torah Family – www.torahfamily.org, Steve and Angela Moutria

Our gratitude and blessings of fruitfulness go to Na'tan Lawrence for the development of guidelines, which were initially used as a basis for our guidelines.

Additional thanks go to Cheryl Vertz for reformatting current listing and to Belinda Dow for providing an easy way to locate all the suggested materials in our SAM library.

SOLID BASIC UNDERSTANDING OF OUR MESSIANIC FUNDAMENTALS OF FAITH

_____ SAM's Statement of Faith – Be able to explain, compare, contrast and defend.
To assist in this Process, the following articles may be helpful.

And choose one of the following:

- _____ <http://www.hoshanarabbah.org/pdfs/underlaw.pdf> (What does the Term "Under the Law" Mean?) **SAM**
_____ <http://www.hoshanarabbah.org/pdfs/works.pdf> (What does the Term "Works of the Law" Mean?)
_____ <http://www.hebrewroots.net/articles/gentiles-and-the-law/>, Natan Lawrence **HR**

UNDERSTAND THE LIFE AND MINISTRY OF YESHUA MESSIAH

Choose One

- _____ ***More Than a Carpenter*** book by Josh McDowell **SAM**
_____ ***Yeshua – A Guide to the Real Jesus of the Original Church*** book by Ron Mosley
_____ ***Jesus, The Jewish Theologian*** book by Brad Young
_____ Teaching Articles by Na'tan Lawrence **HR & SAM**
_____ What Was Yeshua's View of the Torah – A Study of the Sermon on the Mount
_____ <http://www.hoshanarabbah.org/pdfs/yeshua.pdf>
_____ What is the Meaning of the Gospel in its Hebrew Roots Context?
_____ <http://www.hoshanarabbah.org/pdfs/gospel.pdf>
_____ The Elijah Message – DVD, Eddie Chumney Highly recommended **SAM**
_____ ***Jesus, Man of Joy*** book by Sherwood Wirt **SAM**
_____ ***The God Who Smiles*** book by Sherwood Wirt **SAM**

SPIRITUAL GROWTH AND DISCIPLINES

In this area, please study at least one resource in each area of prayer, worship, fasting, mikveh, spiritual gifts.

- _____ Worship:
_____ Warren Wiersbe – ***Worship: The Church's Neglected Weapon*** **CD in SAM**
_____ Parts 1 and 2 found on this page: <https://www.set-apart-ministries.org/worship.html> **Library**
_____ or his book – ***Real Worship: Play Ground, Battle Ground or Holy Ground?***
_____ Prayer: **SAM**
_____ ***My Utmost for His Highest***, Oswald Chambers (Daily Devotional)
_____ ***Ruined for the Ordinary*** book by Joy Dawson
_____ ***Reclaiming Surrendered Ground: Protecting Your Family from Spiritual Attack*** book **SAM**
_____ by Jim Logan
_____ ***Maturity in Prayer Life*** by Set Apart Ministries **CD** **SAM**
_____ <https://www.set-apart-ministries.org/worship.html> **in Library**
_____ The Difference between Personal and Corporate Prayers: Praying Alone and
_____ Praying with others article by B. Klika, **SAM**

- _____ **What's So Spiritual about your Gifts?** Book and workbook by Henry Blackaby and son **SAM**
- _____ Mikveh:
 Hale Harris - cassette tape The Mikveh **SAM**
 Rico Cortez - DVD Mikvah; A Hebraic Understanding of Biblical Immersion **SAM**
- _____ Fasting:
 Fasting for Spiritual Breakthrough: A Practical Guide to Nine Biblical Fasts, **SAM**
 Book by Elder Towns

Other personally appropriate resources as suggested in consultation with SAM leadership.

DEVELOPMENT OF PERSONAL MATURITY

For local SAM members All items here are required to read or view, and participation in men's or ladies group is strongly recommended as it enhances learning in a way just viewing or reading material cannot do. All are available through SAM library for loan, or purchase may be arranged.

- _____ **The Life Model: Living from the Heart Jesus Gave You: 15th anniversary edition,** James Wilder, PhD, et al
- _____ Joy Bonds video series
- _____ Reactivity video
- _____ Boundaries video series and group
- _____ Verbal Logical Explainer DVD
- _____ Or **Outsmarting Yourself** book and DVD sample by Dr. Karl Lehman
- _____ Share Immanuel booklet and/or training, Dr. Karl Lehman, James E. Wilder, PhD
- _____ **Sons of Zadok** book by Dr. C.R. Oliver

Other personally appropriate resources as suggested in consultation with SAM leadership.

PROPHETIC IMPLICATIONS OF HEBREW ROOTS OR MESSIANIC ISRAEL MOVEMENT

Choose one

- _____ A foundational Torah Study as recommended by **SAM**, <http://torahclass.com>, Tom Bradford
- _____ "The Quiet Revival" booklet or **Heb R & SAM**
<http://www.hebrewroots.net/wp-content/uploads/2019/10/The-Quiet-Revival.pdf>
- _____ Teaching Articles by Na'tan Lawrence **HR & SAM**
 Is the Messianic Israel Movement Cultic or Is Christianity the Real Cult?
 <http://www.hoshanarabbah.org/pdfs/cultic.pdf>
 The Olive Tree – The Roots and Branches of our Faith, <http://www.hoshanarabbah.org/pdfs/olivetree.pdf>
 What are the Prophetic Implications of the Hebrew Roots/Messianic Movement?
 <http://www.hoshanarabbah.org/pdfs/propho.pdf>

SALVATION

Choose One

- _____ Salvation: Parts 1 and 2 by Brad Scott **WB & SAM**
- _____ Teaching Articles by Na'tan Lawrence **HR & SAM**
 Salvation, What is it and Do You have it

The Abrahamic Covenant: The Covenant of Salvation
 The Tabernacle of Moses: YHWH's Pattern of Salvation for Mankind
 Jacob's Ladder: YHWH's Plan of Salvation from Genesis to Revelation – The BIG Picture
 The Atonement: Bloody or Bloodless?

BASIC UNDERSTANDING OF THE CENTRALITY OF THE TORAH IN ALL OF SCRIPTURE AND THE ROLE AND PURPOSE OF THE TORAH IN A BELIEVER'S LIFE

Choose One

- _____ **Torah Rediscovered**; Fifth Edition, book by Ariel Berkowitz (Highly recommended!) **SAM**
- _____ **They Loved the Torah** book by David Friedman
- _____ **Take Hold** book by Ariel Berkowitz
- _____ Teaching Articles by Na'tan Lawrence **HR & SAM**
- The Abrahamic Covenant: The Covenant of Salvation
 Torah: What Parts Fulfilled In Yeshua, If Any?
 Hold Onto Torah – It Will Keep and Protect You Through Life
 Did the Torah law Exist before Moses and Mount Sinai?
 The Rest of the Story: Often Quoted Biblical Passages that have been Taken out of Context
 (by Christian Theologians) and Purged of their Pro-Torah Intent
- _____ **To Be a Jew** book by Rabbi Hayim Halevy Donin

BASIC UNDERSTANDING OF THE FEAST DAYS

Choose One

- _____ **Family Guide to Biblical Holidays** book by Robin Sampson **SAM**
- OR**
- _____ Articles: **HR & SAM**
- How Yeshua Fulfilled the Passover
 Why Celebrate the Passover
 Passover – When to Celebrate It
 The Feast of Unleavened Bread The Wavesheaf Offering and Resurrection of Yeshua Wavesheaf Sunday,
 the First Week of the Count of the Omer and Yeshua's Ascension Pentecost, the Feast of Weeks – From
 Mount Sinai to the Upper Room, From
 Faithlessness to Miraculous Empowerment
 Yom Teruah, the Day of the Awakening Blast – the Historical Roots of Our Faith, Present
 Relevance for Believers and End Time Prophetic Implications
 Yom Kippur, the Day of Atonement – The Historical Roots of Our Faith, Present
 Relevance for Believers and End Time Prophetic Implications
 Sukkot: The Season of Our Joy, the Feast of Tabernacles – The Historical Roots of Our Faith, Present
 Relevance for Believers and End Time Prophetic Implications
 Shemini Atzeret, The Eighth Day

UNDERSTAND WHAT IT IS TO BE RIGHTEOUS

Choose One

- _____ **Holiness and Righteousness: The Regal Pair** book by C.R. Oliver **SAM**
- _____ *Believers Guide to Complete Righteousness* booklet by D. Wheelock **Heb R**
<http://www.hebrewroots.net/articles/preparing-the-bride/>
- _____ Teaching Article by Na'tan Lawrence
 Instruction in Righteousness of YHWH: A Messianic

UNDERSTAND AND OBSERVE BIBLICAL DIETARY LAWS

Choose One

- _____ **Holy Cow! Does God Care about what we eat?** book by Hope Egan **SAM**
- _____ *To Eat or Not to Eat?* booklet by Dean and Susan Wheelock **Heb R & SAM**
 Online at <http://www.hebrewroots.net/articles/preparing-the-bride/>
- _____ Teaching Article by Na'tan Lawrence
 Food for Thought – The Heart and Spirit Behind the Biblical Kosher Laws **HR & SAM**
- _____ Clearing up concerns about our Food Supply by Barb and Bob Klika
www.set-apart-ministries.org Articles page
- AND** Concerns about our Food Supply – Recent Questions Addressed (June 2010)
 by Robert D. Klika, B.S., of Set Apart Ministries, Inc., www.set-apart-ministries.org

UNDERSTAND THE BIBLICAL CALENDAR AND BASIC KNOWLEDGE OF THE CONTROVERSIES SURROUNDING INTERPRETATION

Choose One

- _____ Collection of relevant articles in SAM Library **SAM**
- _____ Teaching Article by Na'tan Lawrence **HR**
 The Biblical Calendar and the New Moon
- _____ *Time: The Creator's Calendar* video **119**

KNOWLEDGE OF BASIC RULES OF BIBLICAL INTERPRETATION/HERMENEUTICS AND THE ABILITY TO PROVIDE A WORD STUDY

All are strongly recommended for local community:

- _____ **How to Study the Bible** book by Kay Arthur **SAM**
- _____ Biblical Hermeneutics: The Rules of Biblical Interpretation (includes PRDeS) **HR**
<https://www.hoshanarabbah.org/pdfs/pardes-revised.pdf>
- OR**
- _____ *Paradise or Pair of Dice?* PRDS booklet by Frank Houtz **SAM**
- _____ Is "Good and Evil" a Biblical Merism? **SAM**
<http://biblicalanthropology.blogspot.com/2013/08/is-good-and-evil-biblical-merism.html>
- _____ Thematic Study materials from Tony Robinson – entire commentary/year course **RT**
- _____ Hebrew Mind vs Greek Mind by Brad Scott **WB**
<http://www.wildbranch.org/teachings/hebrew-greek-mind/lesson1.html>

This is the first lesson of an entire course on the subject: Difference between Hebrew and Greek thinking

- _____ My Big Fat Greek Mindset by Tim Hegg TR
_____ **Restoring the Jewishness of The Gospel** book by David Stern SAM

STUDY REGARDING TRUSTWORTHINESS OF ALL OF SCRIPTURE

- _____ Teaching Article by Na'tan Lawrence
_____ Can You Trust the New Testament Canon as YHWH's Divine Word? HR

MESSIANIC/BIBLICAL MARRIAGE CUSTOMS

Choose One

- _____ Understand the steps of a Jewish/Biblical Wedding Ceremony
_____ "Beloved Thief" video from Zola Levvitt Ministries SAM
_____ **Who is the Bride of Christ?** Online/book by Eddie Chumney SAM

BASIC KNOWLEDGE/OVERVIEW OF JEWISH/BIBLICAL HISTORY

Choose One

A written summary of the main points is needed here for local community.

- _____ *Heritage and Civilization of the Jews* video series by Abba Ebben (VHS) SAM
_____ 9-hour overview...Secular Jewish perspective but videography is helpful.
_____ *Ancient History: Adam to Messiah* pp. 48-100, 296-462 by Robin Sampson, SAM
_____ in **Family Guide to Biblical Holidays** book

BASIC KNOWLEDGE OF THE TABERNACLE

- _____ Read: Na'tan Lawrence teaching article –
_____ The Tabernacle of Moses: YHWH's Pattern of Salvation for Mankind SAM
_____ <http://www.the-tabernacle-place.com/>
_____ *Diagram the Tabernacle, explain each of the furnishings of the Tabernacle and relate each aspect of the furnishings and main service to the Redemptive work of Yeshua.*

GENERAL KNOWLEDGE OF CHRISTIAN CHURCH HISTORY AND THEOLOGICAL DEVELOPMENT CATHOLIC AND PROTESTANT – TO THE PRESENT TIME

Choose One

- _____ **Halley's Bible Handbook** Church History Chapter by Henry Halley SAM
_____ *Preferably an edition prior to 1990
_____ **Exploring the Christian Faith** Chapter 30 by J.I. Packer
_____ Study and be familiar with Timeline: **Where is the Faith given Once for all to the Saints?** SAM

BASIC KNOWLEDGE OF THE SEPARATION OF THE EARLY CHURCH FROM its HEBREW ROOTS

Choose One

- _____ Teaching Article by Na'tan Lawrence
How the Church Divorced itself from its Hebrew Root **HR & SAM**
- _____ ***Our Father Abraham*** book by Marvin R. Wilson **SAM**

BASIC KNOWLEDGE OF PAGAN INFLUENCE IN CHRISTIANITY

- _____ ***Too Long in the Sun*** book by Richard Rives? Tubesing? **SAM**
- _____ NEW versions of Sunburned video/ re: Christmas and Easter **119**

BASIC KNOWLEDGE OF THE WRITINGS AND THEOLOGY OF SHA'UL/PAUL

Choose One

- _____ Teaching Articles by Na'tan Lawrence **HR & SAM**
 - Galatians: Explanations of Difficult Words and Phrases
 - The Apostle Sha'ul/(Paul) – an Orthodox, Torah Obedient, Messianic, Jewish “Rabbi”
 - Sha'ul (Paul) Was One of the Good Pharisees
 - What does the Term “Under the Law” mean?
 - What does the Term “Works of the Law” mean?
- _____ ***The Pauline Paradox Series*** video and transcript **119**

(The following books are in depth level and not required for local community – Bar/Bat Mitzvah but strongly recommended for anyone who expects to be talking with Jewish people about the matters.)

- _____ ***Paul, the Jewish Theologian*** book by Brad Young
- _____ ***The Letter Writer – Paul's Background and Torah Perspective*** book by Tim Hegg **SAM**
- _____ ***A Jewish Commentary on Romans*** book by Joseph Shulam **SAM**

BASIC KNOWLEDGE OF THE RESTORATION OF THE TWO HOUSES OF ISRAEL

Choose One

- _____ ***Israel: Redeemed and Restored*** book and DVD by Batya Wootten **SAM**
- _____ Teaching article/commentary by Na'tan Lawrence **SAM**
 - Joseph and Judah: Two Brothers and the Two Houses of Israel in End Time Prophecies,
 - Return of the Lost Sheep of Israel

BASIC KNOWLEDGE OF THE END TIMES AND THE KINGDOM OF ELOHIM

Choose One

- _____ <https://www.torahclass.com/teacher/author/tom-bradford/new-testament-studies/new-testament-revelation>, Tom Bradford **TC**
1 hour Intro Lesson for overview
- _____ Teaching Articles by Na'tan Lawrence **HR & SAM**
The Tribulation, the Great Tribulation & the Wrath of Elohim
Secular Humanism:
- _____ End of Days Series – *Using the dark moon to count cycles* **119**
- NOTE:** *The following study includes Jubilee cycle*
- _____ Daniel's Timeline, <https://www.danielstimeline.com/> **SAM**



I have completed all the requirements and request the opportunity to become a Bar/Bat Mitzvah in our Set Apart Ministries community.

_____ Name

_____ Date

_____ Advisor/Parent

_____ Date Approved

Approved by:

_____ Set Apart Ministries Elder

_____ Date